

## L'Alta Ribagorça, a land to walk in



L'Alta Ribagorça has numerous paths that were traditional links between villages in the various valleys that make up the region.

Here we suggest more than 25 trails that will bring you closer to the rich natural and cultural heritage of this Pyrenean region, from Aigüestortes and Estany de Sant Maurici National Park to the finest Romanesque churches in the Pyrenees, which are on the World Heritage List.

As you walk through this land, try the local cuisine. There are any number of restaurants and establishments selling local products.

Hike L'Alta Ribagorça, a land to walk in!



### Don't forget!

Trails are on three levels of difficulty: the easiest (green ○), which are short with low elevation gain, medium difficult trails (blue ○) and the most difficult (red ○).

You can download the trail routes from our website, along with a description of each one: <http://www.turismealtriribagorca.cat/rutes-i-senderisme>

You can also download them from Wikiloc: <http://es.wikiloc.com/wikiloc/home.do>, in 'Alta Ribagorça Trails'.

Or using the QR code attached to each trail.



## Camí de l'Aigua (Water Trail). Traditional paths



The Water Trail is the backbone of the network of traditional paths through L'Alta Ribagorça and links El Pont de Suert and the Vall de Boí, along the course of the Noguera de Tor and Noguera Ribagorçana rivers. This trail lets you discover part of the region's natural, cultural and landscape heritage. The Water Trail recovers ancient tracks that linked the valley villages, highways,

cattle tracks and bridle paths. It covers some 27 km linked by water, which is a constant presence.

Along the way, the scenery changes from riverside forest to meadow, to oak wood and pine wood and you can see various species of bird, traditional architecture and, naturally, Romanesque architecture.

The trail starts at the Escales reservoir, at the Mena spring, at kilometre point 345 on the N-260 road, in El



Pont de Suert, and ends at the Caldes de Boí Spa, a haven of relaxation, and at one of the entrances to Aigüestortes and Estany de Sant Maurici National Park, Catalonia's only national park, with high-mountain scenery unequalled in the Catalan Pyrenees.

The Water Trail is of medium difficulty and is suitable for mountain bikes, although certain stretches are along very narrow paths that require some technical skill. Motor vehicles are not allowed on these paths.

The whole trail is signposted.



## Aigüestortes and Estany de Sant Maurici National Park, the only national park in Catalonia

Aigüestortes and Estany de Sant Maurici National Park has numerous signposted paths that will let you discover the Pyrenean high-mountain area. The stars in this part of the world are the lakes, waterfalls, wetlands, conifer forests and alpine meadows.

The Park is criss-crossed with paths covering more than 350 km that are suitable for all kinds of walker. From families with children to lovers of the highest peaks, there is a path for everyone.

It also has a wealth of flora and fauna that will no doubt surprise the most observant of ramblers. Amongst the centuries-old pine and fir forests, plant species adapted to the harsh high-mountain conditions and hundreds of flowering plants found up to altitudes of 3,000 m, live birds such as the bearded vulture, golden eagle, capercaillie, or rock ptarmigan stand out. Mammals found here include the chamois, the stoat, the otter and the Pyrenean desman. There are amphibians such as the newt and the Pyrenean rock lizard, and fish such as the trout, along with numerous invertebrate species that make this protected area unique in the Pyrenees.

The Park is a fabulous natural setting in which to enjoy rambling and where you can discover the natural, cultural and landscape values of L'Alta Ribagorça and the Pyrenees. Come to the Park and walk through its valleys and mountains!

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### The Marmot Trail



- Cavallers Reservoir
- Ventosa i Calvell Mountain Shelter
- 5,50 km
- 2.15 h
- 350 m

(view map)

23

### The Otter Trail



- Palanca de la Molina
- The Aigüestortes Plateau
- 6,50 km
- 2.00 h
- 430 m

(view map)

24

### The Llong, Redó and Portarró Path



- The Aigüestortes Plateau
- Portarró
- 9,00 km
- 3.00 h
- 600 m

(view map)

### Walk through the Park and get the bus back

In the summer (from 21 June to 30 September) there is a public transport service, known as the Bus del Parc, or Park bus, that links the L'Alta Ribagorça trails with neighbouring regions. The service consists of 4 bus routes that run daily between the valleys of Boí and Espò via the Val d'Aran.



## Camins vius, a walk around the National Park



Camins Vius or a walk around the National Park is a network of signposted paths, covering some 250 km, around the Park. It is a circular trail over old paths that linked the valleys surrounding the

National Park. The result is a trail that bypasses the busiest spots inside the Park and takes us where we can discover the natural, cultural and landscape values of the region.

More information: [www.caminsvius.org](http://www.caminsvius.org)

### GR-11, the Pyrenean Trail



The GR-11, also known as the Pyrenean Trail, is a long-hike trail that is part of the FECC trail network

and crosses the Pyrenees from west to east. Here in our region there is a stretch that goes from the Salenques valley to Conangles, at the headwaters of the Noguera Ribagorçana River, and another that crosses the headwaters of the Noguera de Tor basin to Caldes pass.

More information: [www.feec.cat/node/26720](http://www.feec.cat/node/26720)

### Other hiking and mountain bike trails (MTB)

**Pont Amunt** [www.pontamunt.ribanatura.com](http://www.pontamunt.ribanatura.com)  
**Via Calda** [www.andandosinequipaje.com](http://www.andandosinequipaje.com)  
**The 3 Valleys Trail** [ruta3vallis.freeflocks.com/es/](http://ruta3vallis.freeflocks.com/es/)  
**The Shepherd's Trail** [www.lapetjada.com/larutadelpastor](http://www.lapetjada.com/larutadelpastor)  
**Carros de Foc** [www.carrosdefoc.com](http://www.carrosdefoc.com)  
**Shelter bookings** [www.refusonline.com](http://www.refusonline.com)

**Pedals de Foc** [www.pedalsdefoc.com](http://www.pedalsdefoc.com)  
**Pyrenean MTB Trails** [www.transpirinaica.com](http://www.transpirinaica.com)

## Recommendations



Follow these recommendations to enjoy our trails safely:

- Make sure you have all the necessary information about the trail. Choose a trail that suits your fitness level, don't overestimate your abilities.
- Have the right equipment and provisions with you for the trail you have chosen. Take a map and a compass or GPS if you can.
- Check the weather forecast. Snowfalls are possible in winter, and in summer there are frequently storms in the afternoon.
- Stick to the signposted paths. Respect private property and be extremely careful during the hunting season.
- Respect animal enclosures and always close gates.
- Do not disturb the silence. That way you can hear the sounds of nature. Do not pick plants or disturb the animals.
- Respect the fauna and flora along the way. The paths, fields, rivers and mountains are not dumping grounds. Put litter in a bag until you can put it in the bins provided.
- Take your mobile with you, even though certain areas have no coverage, and some form of ID (emergency phone number: 112).

Note. The length and degree of difficulty of trails is for guidance only.

## The Romanesque Trail, from Taüll to Roda de Isábena



The Romanesque Trail is a 72.6-km hiking trail along ancient paths that can be walked in 5 stages between Roda de Isábena and Taüll. Its main feature is that it links outstanding examples of Pyrenean Romanesque architecture, such as

the monumental complex at Roda de Isábena, the monastery of Obarra and the Romanesque churches of the Vall de Boí, a UNESCO World Heritage Site.

The stages are: Stage 1 from Roda de Isábena to Serraduy; Stage 2 from Serraduy to Beranuy; Stage 3 from Beranuy to Bonansa; Stage 4 from Bonansa to El Pont de Suert; Stage 5 from El Pont de Suert to Taüll.

More trails and information: [www.ribagorzaromanica.com/autentico-pirineo/autentico-senderismo/rutas-tematicas/rutas-del-paisaje-romano](http://www.ribagorzaromanica.com/autentico-pirineo/autentico-senderismo/rutas-tematicas/rutas-del-paisaje-romano)

## GR-11-20, from El Pont de Suert to El Port de Rus



The GR-11-20 is a secondary trail that joins the GR-11 in El Pont de Suert to El Port de Rus. This trail is high in the mountains and offers spectacular views of the Vall de Boí.

## A Region with So Much More



You can also run our trails (trail running), or follow them on snow shoes in the winter! If you like climbing, the area has interesting equipped routes and a via ferrata on El Tossal de Miravet, near El Pont de Suert.

Contact our tourist information offices.



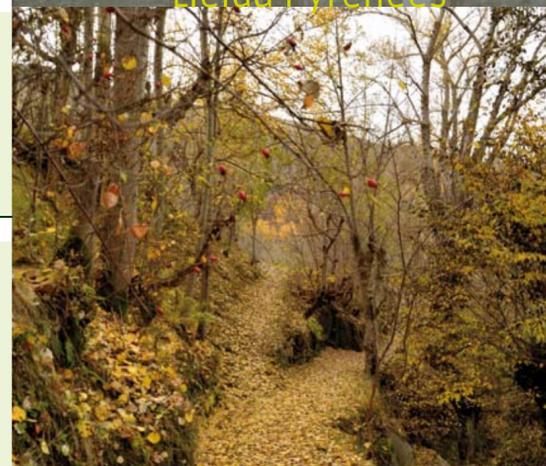
L'Alta Ribagorça Regional Tourist Board  
 Av. de Victòria Muñoz, 48, 25200 El Pont de Suert  
 Tel.: (+34) 973 690 402 | (+34) 902 101 516  
[www.turismealtriribagorca.com](http://www.turismealtriribagorca.com)



Senderisme | Senderismo | Randonnée | Hiking  
 Pirineus | Pirineos | Pyrénées | Pyrenees



Walk L'Alta Ribagorça  
 Lleida Pyrenees



### Addresses, phone number and websites:

**National Park Office**  
 Ca de Simamet, Carrer de les Graleres, 2, 25528 Boí (Vall de Boí)  
 Tel.: (+34) 973 696 189 | [info.aiguestortes@oapn.es](mailto:info.aiguestortes@oapn.es)  
**Senet Information Centre**  
 La Serradora, Carrer del Port, 10, 25553 Senet (Vall de Barravés)  
 Tel.: (+34) 973 698 232 | [pnaiguestortes@gencat.cat](mailto:pnaiguestortes@gencat.cat)

[www.gencat.cat/parcs/aiguestortes](http://www.gencat.cat/parcs/aiguestortes)  
<http://reddeparquesnacionales.mma.es/parques/aiguestortes>

More information on National Park trails



# walk Alta Ribagorça

**3 The Fauna de Senet Trail**



Senet

- 6,50 km
- 2.00 h
- 430 m



**5 El Port de Gelada Trail**



Vilaller  
Erill la Vall

- 12,00 km
- 5.40 h
- 832 m



**7 The Vall de Barravès Trail**



Vilaller

- 7,88 km
- 2.00 h
- 148 m



**9 The Gormanda Trail**



Vilaller

- 5,24 km
- 1.37 h
- 228 m



**11 EXCURSIÓ ALS CARANTOS DE VILALLER**



Vilaller

- 4,18 km
- 1.30 h
- 296 m

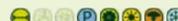


**13 The Coll de Serreres Trail**



Vilaller  
Còll

- 4,18 km
- 2.30 h
- 427 m



**15 The Tossal de Miravet Trail**



El Pont de Suert  
Tossal de Miravet

- 6,50 km
- 2.10 h
- 480 m

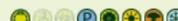


**17 The Fauna de Montiberri Trail**



Mena Spring, N-260, km 345

- 6,20 km
- 1.45 h
- 330 m

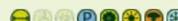


**19 The Cap de la Faiada Trail**



Montiberri  
Cap de la Faiada

- 3,60 km
- 2.00 h
- 554 m

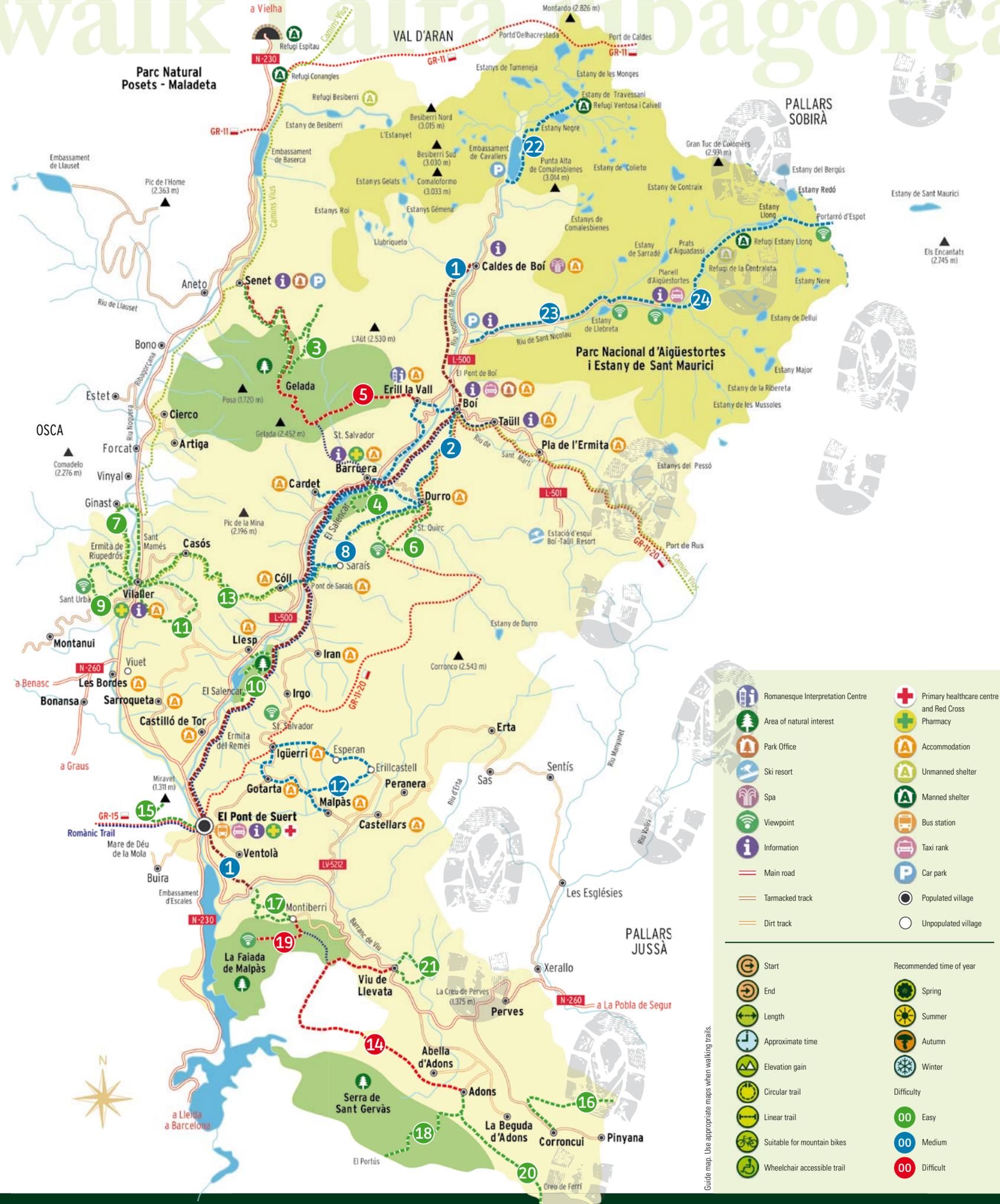


**21 The Mola de Viu Trail**



Viu de Llevata

- 2,50 km
- 1.00 h
- 100 m

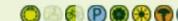



**2 Romanesque Trail I**



Barruera, Erill la Vall, Boi, Taüll or Durro

- 16,00 km
- Varies depending on starting point



**4 The Salencar de Barruera Trail**



Barruera suspension bridge

- 1,50 km
- 1.00 h
- 0 m



**6 The Fauna de Durro Trail**



Durro

- 7,50 km
- 2.30 h
- 200 m



**8 Romanesque Trail II**



Barruera, Cardet, Còll or Durro

- 20,00 km
- Varies depending on starting point



**10 The Salencar de Llesp Trail**



L-500 - Llesp intersection

- 1,50 km
- 1.00 h
- 0 m



**12 The Barones de Erill Trail**



Malpàs, Gotarta or Igüerri

- 15,72 km
- 5.50 h
- 659 m



**14 The Colls de Sant Roc Trail**



Viu de Llevata  
Adons

- 11,73 km
- 4.50 h
- 638 m



**16 The Casa Encantada Trail**



Corroncui  
La Casa Encantada

- 5,00 km
- 1.30 h
- 235 m



**18 El Portús Trail**



Adons  
El Portús

- 3,20 km
- 1.30 h
- 329 m



**20 The Creu de Ferri Trail**



Adons  
Creu de Ferri

- 3,12 km
- 1.15 h
- 270 m



- Romanesque Interpretation Centre
- Area of natural interest
- Park Office
- Ski resort
- Spa
- Viewpoint
- Information
- Main road
- Tarmacked track
- Dirt track
- Primary healthcare centre and Red Cross
- Pharmacy
- Accommodation
- Unmanned shelter
- Manned shelter
- Bus station
- Taxi rank
- Car park
- Unpopulated village
- Start
- End
- Length
- Approximate time
- Elevation gain
- Circular trail
- Linear trail
- Suitable for mountain bikes
- Wheelchair accessible trail
- Recommended time of year
- Spring
- Summer
- Autumn
- Winter
- Difficulty
- Easy
- Medium
- Difficult

Guide map. Use appropriate maps when walking trails.